

Intake Questionnaire

Name _____ Date _____

Gender: M ___ F ___ Age ___ Date of Birth _____ Social Security Number: _____

Address _____ City _____ Zip _____

Telephone Number: Home _____ Cell: _____ Business _____

Education Completed (Grades, Courses, Degrees): _____

Religious Preference: (Denomination): _____

Employer: _____ Job Title: _____

Father's Occupation _____ Residence _____ His Age ___ Age at death ___

Mother's Occupation _____ Residence _____ Her Age ___ Age at death ___

Relationship Information

Single ___ Engaged ___ Married (Date) _____ Committed Relationship (Date) _____

Separated (Date) _____ Widowed (Date) _____ Divorced (Date) _____ Previous Marriages ___

Spouse or Partner's Name: _____ Age: _____ Occupation _____

Please rate your childhood: Very happy ___ Happy ___ Average ___ Unhappy ___ Very unhappy ___

Children

Child's Name _____ Age _____ Comments: Residence, Custody, Guardianship etc.

1. _____

2. _____

3. _____

4. _____

Losses have you experienced within the past few years? (Deaths, divorce, moves, unemployment, etc.)

Siblings

List all your brothers and sisters you have in order of their birth (step-siblings also):

First Name	Age	Gender	Occupation	Marital Status	Living	Residence

List other persons who live or have lived in your home and their relationship to you?

Present Physical Health

Very good __ Good __ Average __ Poor __ Medical exam with the past year? _____

If yes, indicate any significant findings: _____

What medication(s) are you currently taking? _____

Family Physician _____ Phone number: _____

Personal Health History

Please check all that apply to you?

Condition	Yes	Date	Condition	Yes	Date	Condition	Yes	Date
Asthema			Cancer			Discouragement		
Paralysis			Accident			Worries		
Pneumonia			Sterility			Depression		
Stroke			Surgery			Tension		
Meningitis			Fainting spells			Irritability		
Headaches			Convulsions			Alcoholism		
High Blood Pressure			Low Blood Pressure			Sexual Dysfunction		
Constipation			Miscarriage			Appetite Changes		
Diarrhea			Menstrual Diff			Sleep Changes		
Diabetes			Nerve Trouble			Substance Abuse		
Thyroid Trouble			Heart Trouble			STD		
Tumor			Anxiety			Other		

Self Assessment

What is happening in your life that resulted in this appointment?

What would you like to accomplish in counseling, consultation, and or therapy?

Symptom Checklist (Mark all that apply to you):

- | | |
|---|---|
| <input type="checkbox"/> Anger/frustration | <input type="checkbox"/> Current/recent Divorce |
| <input type="checkbox"/> Anxiety/Panic | <input type="checkbox"/> Recent separation |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Phobias |
| <input type="checkbox"/> Low self-esteem | <input type="checkbox"/> Delusions/hallucinations |
| <input type="checkbox"/> Low energy | <input type="checkbox"/> Obsessions/compulsive behaviors |
| <input type="checkbox"/> Poor concentration | <input type="checkbox"/> Can't hold onto an idea |
| <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Excessive behaviors (ie. spending) |
| <input type="checkbox"/> Worthlessness | <input type="checkbox"/> Not thinking clearly/confusion |
| <input type="checkbox"/> Guilt | <input type="checkbox"/> Feeling that you are not real |
| <input type="checkbox"/> Sleep change (more/less) | <input type="checkbox"/> Things around you aren't real |
| <input type="checkbox"/> Appetite change (more/less) | <input type="checkbox"/> Lose track of time |
| <input type="checkbox"/> Thoughts of hurting yourself | <input type="checkbox"/> Persistent unpleasant thoughts |
| <input type="checkbox"/> Thoughts of hurting someone | <input type="checkbox"/> Easily agitated/annoyed |
| <input type="checkbox"/> Isolation/social withdrawal | <input type="checkbox"/> Defying rules |
| <input type="checkbox"/> Sadness/loss | <input type="checkbox"/> Blaming others |
| <input type="checkbox"/> Heart pounding/racing | <input type="checkbox"/> Argumentative |
| <input type="checkbox"/> Chest pain | <input type="checkbox"/> Excess use of alcohol or drugs |
| <input type="checkbox"/> Trembling/shaking | <input type="checkbox"/> Excess use of prescription meds |
| <input type="checkbox"/> Fear of dying | <input type="checkbox"/> Physical, emotional, sexual abuse |
| <input type="checkbox"/> Recent death of loved one | <input type="checkbox"/> Parenting Issues/Concerns |
| <input type="checkbox"/> Recent promotion/job change | <input type="checkbox"/> Other problems or symptoms: |
| <input type="checkbox"/> Recent departure of child | <hr/> |